

USA 2009

# Grand Canyon

## Rim to Rim and back again

A 13 day trip trekking 78km (48 miles) from the top of the South Rim all the way across to the top of the North Rim and back again.



**FREE 3 night stay in the city that never sleeps**





This dossier contains much more information than a standard holiday brochure. It has been written to explain everything you need to know before you decide whether you wish to book. If, after reading it, you still have some questions, please do not hesitate to contact us on (01942) 826256.

We know it's an often used phrase, but we really do appreciate your interest, so many, many thanks and hopefully we will see you soon.

UK Outdoor Pursuits(Trekking) Ltd  
28 Upper Dicconson St  
Wigan, WN1 2AG

Tel (01942) 826256  
Fax (01942) 829579  
info@ukoutdoorpursuits.co.uk



## Bright Angel Creek



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#### Cost / Sponsorship

Most people simply pay for the trip but if you wish to use this event to raise funds for a deserving charity you may choose from a list of extremely worthy causes shown on our website [www.ukoutdoorpursuits.co.uk](http://www.ukoutdoorpursuits.co.uk) or call us for details.

#### Cost - If simply paying for the event yourself

If you wish to join us on this trek:

A Deposit of £400-00 is required with your booking.

A further payment of £400-00 is required before the end of December 2008 and your final payment of £1,550 is required at least 70 days (10 weeks) prior to departure, or with application if booking after this.

**The cost of Grand Canyon Trek is £2,350**

#### Sponsorship - If using this event to raise charity funds

If you wish to join us on this trek:

A Booking Fee of £400-00 is required with your booking plus in addition to this you must raise a minimum sponsorship of £3,000, of which £1950 must be received 70 days (10 weeks) prior to departure. The charity will pay your £1,950 costs.

**Gift Aid** - Provided that you can get all your sponsorship cards signed by the people sponsoring you and returned to the charity they will be able to reclaim 28p for £1 donated which will amount to £840.00 on the minimum required sponsorship, meaning the charity could benefit by £1,890 after all costs have been met. Obviously if you can raise more than the minimum amount (as many people do) then this would be greatly appreciated.

#### Total payments include:

Flight from UK to Phoenix, returning to UK from Las Vegas - see app. form for a list of regional airports  
Airport transfers and internal transport.

Eve Meal on arrival, Breakfast before trek & celebratory meal after trek

Full board (all meals on the trek)

All camping & cooking equipment

Local Guides

Treks and Safaris Insurance

3 night stay in Las Vegas - Room only - twin room in 3 \* hotel

#### What the price does not include:

Personal equipment (sleeping bag, clothing, etc)

Meals in Las Vegas and leisure days in Grand Canyon

Tips to local guides and hotel staff etc

Foreign airport taxes - To be advised

The Grand Canyon has been touted as the Eighth Wonder of the World ever since John Wesley Powell braved the raging white water in its depths in 1869. It's arguably the most overexposed icon of the American landscape—every year, 5 million people come to gawk into the abyss, and you have to wonder if the millions of rolls of film shot here through the generations might come close to filling the canyon from rim to rim.

Yet no matter how jaded you might feel after years of seeing postcards, snapshots, and movies of the Grand Canyon this big hole in the ground's power to move first-time visitors is inescapable. That first view of this mighty gouge in the skin of the earth will hit with the force and surprise of a heavyweight punch. Its scale and grandeur is that overwhelming.

For many, the views alone are worth the cost. But adventurers won't—and shouldn't—be satisfied with looking. Hiking from the South Rim to North walking along the Colorado River and the knowledge of touching the 2-billion-year-old rock under your fingers leaves you in a "state of awe" with an experience never to be forgotten.

About 4,000 years ago, a prehistoric hunter-gatherer culture lived in the Grand Canyon region until 1000 B.C.

The ancestral pueblo people arrived in the area about A.D. 500. Departing in 1150, they left behind remnants of some 2,000 village sites. In 1300, ancestors of the modern Hualapai and Havasupai migrated to the western areas of the Canyon.

The first Europeans to view the Canyon were a detachment of conquistadors from Coronado's gold-seeking expedition in 1540. Having learned of a "great river" from the Hopi, the explorers thought it might be the fabled Northwest Passage to India.

Over the next 300 years, a succession of explorers and mountain men came and gaped, but to most it was a giant obstacle designed, as one fur trapper put it, "to deprive all human beings of the ability to descend and make use of its waters."

The Canyon remained largely unknown (and virtually unexplored) until Civil War veteran John Wesley Powell led a famous boat expedition through the gorge in 1869.

The one-armed Army Major and nine men accomplished this feat in four small wooden boats. Powell's party was probably the first ever to make such a trip. After a second journey in 1871-72, he aptly named it Grand Canyon.

Drawn by the prospect of copper mining, the first pioneer settlements along the rim came in the 1880s.

Early residents soon discovered that tourism was destined to be more profitable than mining, and by the turn of the century Grand Canyon began earning a reputation as a popular tourist destination. Early tourist accommodations were not so different from the mining camps from which they developed. Most made the grueling trip from nearby towns to the South Rim by stagecoach.

When in 1901 the railroad was extended to the South Rim from Williams, the development of formal tourist facilities on the rim increased dramatically.

By 1905, the El Tovar Hotel stood where it does today, a world class hotel on the canyon's edge. The Fred Harvey Company, known throughout the West for hospitality and fine food, continued to develop facilities at the Canyon, including Phantom Ranch, built in the inner canyon in 1922.

Although first afforded federal protection in 1893 as a forest reserve and later as a national monument, Grand Canyon did not achieve national park status until 1919, three years after the creation of the National Park Service.

Today Grand Canyon National Park receives over five million visitors annually - a far cry from the yearly visitation of 44,173 which the park received in 1919



**Sunday 31st May**

Depart UK airport for early morning flight to Phoenix Sky Harbour International Airport arriving the same day. Transfer from airport to the Maswik lodge on the South Rim. Transfer time is approx 4 hours, we will stop en route for evening meal. Overnight stay here. Twin rooms.

Due to the restrictions enforced by the Grand Canyon National Parks there are only a limited amount (9) of people allowed at any one campsite at any one time, so we will be split into two groups, the first group will start the trek the next day and the second group will have a day at leisure to explore or partake in the various activities available such as hiking tours, museums, fishing, bike riding, shopping and maybe even a helicopter tour. The second group will set off the following day so will be a day behind the first group. When the first group returns to the Maswik Lodge they will then have a day at leisure before the second group returns to the lodge. We will have a celebratory meal that evening with overnight accommodation. We depart the next day for Las Vegas.

**Trek Day 1 10.79km Time 3 - 4 hours**

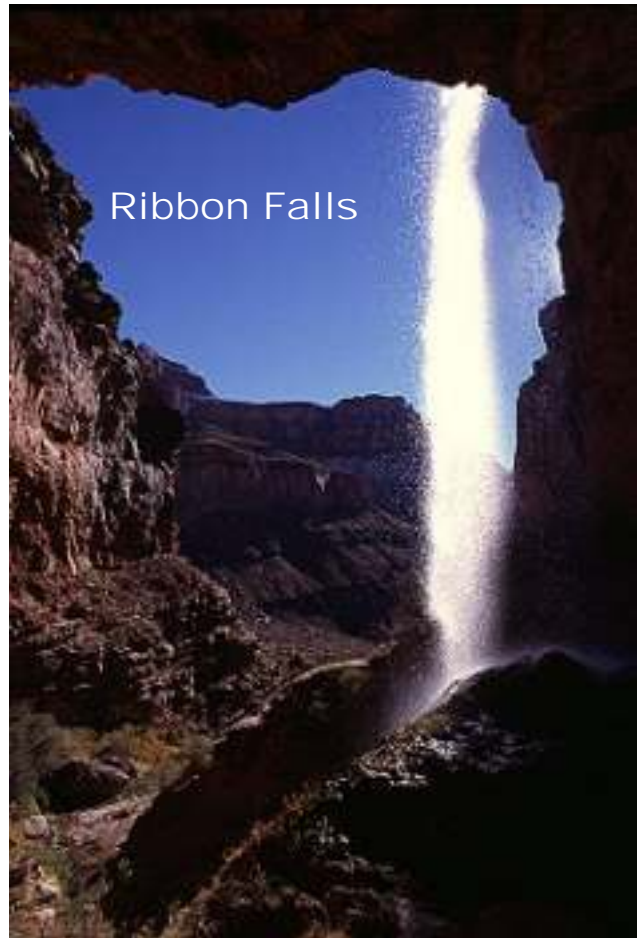
After breakfast will be collected from the lodge at 5.30a.m. by our local guides and be driven to the South Kaibab trail head to begin the trek to Bright Angel Campground at the bottom of the canyon. We start at an altitude of 7,260ft (2,233m) descending past Cedar Ridge (Toilets here), O'Neill Butte & the Tonto Trail. Total descent 4,780ft (1,447m) arriving at Bright Angel at an altitude of 2,480ft (756m). This trail is well maintained and offers spectacular views over the canyon. There is little shade on this trail so precautions must be taken ensuring you drink plenty of water. We camp at Bright Angel Campground overnight, there are toilets, phones and a small shop at the campsite. The temperature should still be quite warm so before dinner we could take a dip in Bright Angel Creek or the shallow part of the Colorado River. The whole group will be involved in cooking and preparing dinner after which you will be briefed about the next days journey before retiring to bed.

**Trek Day 2 9.6km - Time 4 - 4.5 hours**

We will have an early breakfast and pack up camp ready to leave at 5.30a.m. to hike along the North Kaibab trail to Cottonwood Campground. This part of the hike is through the inner canyon starting at 2,480ft (756m) ascending a total of 1,600ft (488m), only a small amount of increase in elevation rising to 4,080ft (1,244m) again with little shade so can be very hot, but it is a nice hike along Bright Angel Creek for a good length of the hike. Once we reach camp there will be the opportunity for some exploring along Bright Angel Creek & Ribbon Falls is a popular attraction just 2.4km from camp where you can find some archeological sites. You may also see wild deer, ringtail cats and squirrels not far from this campsite. Temperatures should permit us to take a dip in the creek if you wish to do so or you can just relax before dinner and the briefing for the next day.

**Trek Day 3 16km - Time 6 - 7 hours**

We will have an early breakfast and pack up camp ready to leave at 6a.m. and make the climb up the remaining part of North Kaibab Trail. We start at an altitude of 4,080ft (1,244m) to begin the toughest part of the hike rising past the Supai Tunnel to the top of the North Kaibab Trail head making a total ascent of 4,170ft (1,271m) before reaching the trail head which is situated at 8,250ft (2,515m). Here we are actually higher in elevation by 305m than that of the height of our starting point on the South Rim. Upon reaching the trail head, we have a few km to go before we reach the Grand Canyon Lodge on the North Rim where we will be staying overnight. No tents to erect tonight as we have the privilege of staying in the only "in park" wonderful cabins on the North Rim and take a long awaited shower. After dinner we can relax and unwind and from the large patio enjoy the extraordinary beauty of the Kaibab Plateau or "mountain lying down" before retiring to bed.



**Trek Day 4 9.6km Time 4 - 5 hours**

After breakfast we will leave the lodge at 10a.m. and start our journey heading back towards the South Rim. We will walk the 1.5mile to the North Kaibab Trail head, then we descend 12.8 km to cottonwood Campsite. No one will be bored with taking the same route as we guarantee the scenery will look different from this direction and its surprising how much is missed the first time round, plus its downhill all the way. We will camp at the Cottonwood Campsite overnight.

**Trek Day 5 16km Time 3 - 4 hours**

After breakfast we will pack up camp and leave at 6.00a.m. we will again be retracing our steps back towards Bright Angel Campsite. There is a snack bar en route so if you are a little fed up with backpacking food then you can get snack food and drinks here. Camp here overnight.

**Trek Day 6 16km Time 6 - 7 hours**

After breakfast we will pack up camp and get an early start leaving at 4.30a.m. to now make our way out of the canyon up the Bright Angel Trail. We will be taking a different route through this section of the trail and although it is a bit longer it is not as steep as the South Kaibab Trail. The south side of the rim has more exposure to the sun and can get considerably warmer with less shade so this trail will not get as hot and you can be assured of many different sites and views on our last trek day. We start from an altitude of 2,480ft (756m) and will be making a total ascent of 4,380ft (1,335m) to the top of the Bright Angel Trail Head. After about 8km we will stop at Indian Gardens to relax under the Cottonwood Trees, cool off in Pipe Creek and have a bite to eat. After which we will continue our trek past the Three Mile & Mile and a half Resthouse's until we reach the top of the trail head at 6,860ft (2,091m) on the South Rim. Upon arrival we will then transfer to the lodge to check into our rooms and then we can congratulate ourselves, have a few beers and relax for the rest of the evening. Overnight stay here. Meal not included tonight.

**Day 7**

The first group will have at day at leisure at the Maswik Lodge (breakfast not included today). Await return of Group B. Celebratory Group Meal. Overnight stay in the lodge.

**Monday 8<sup>th</sup> June**

After breakfast at the hotel we all depart for the transfer to Vegas. Transfer time 4.5 hours. On route we can stop at the famous Hoover Dam, with a chance to explore and take a few snaps. Then we continue to Las Vegas to check into 3star hotel close to or on the main strip in Las Vegas, Double occupancy in twin bedded rooms. Room only basis, No meals provided. At leisure to explore and gamble your hearts away in the city that never sleeps.

**Tuesday 9<sup>th</sup> June**

Las Vegas At leisure. Overnight stay.

**Wednesday 10<sup>th</sup> June**

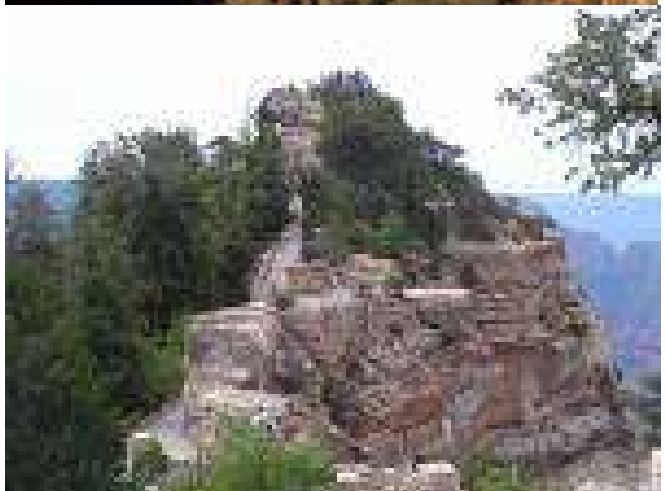
Las Vegas At leisure. Overnight stay.

**Thursday 11<sup>th</sup> June**

Check out of hotel, transfer to airport, return flight to UK.

**Friday 12<sup>th</sup> June**

Arrive back in the UK



**Tour leader**

First and foremost we want to ensure that you have memorable and enjoyable experience. UK Outdoor Pursuits does not believe that our role as a tour operator finishes the moment you board the plane and simply hand you over to another company. We believe that there should be a representative present at all times to ensure that the trip runs smoothly and everybody has an enjoyable experience. This way in the unlikely event that we encounter any problems there is always someone on hand to sort this out.

**Local Guides**

All local guides have numerous years experience of this and many other hikes and are fully insured and permitted by the Grand Canyon National Parks. They are also fully qualified first aiders with nationally recognised certificates. They have a wealth of information and will give a guided tour of each point of interest along the trails.

**Tips**

Tips make up a vital section of wages for the majority of workers in the United States. The standard tip for waiters, taxi drivers etc is between 15 & 20% depending on how satisfied you are with the service.

**Risks**

Members must understand that they are participating in a potentially dangerous trek. As with all expeditions there is a risk of any party member getting heat stroke, dehydration, altitude sickness, suffering injury or even death.

**Participation**

Group members should observe the customary conventions of remote expeditions, e.g. sharing work, respecting local customs, conserving the environment, etc. Being part of a group, all members must bear in mind that their actions, will reflect on the rest of the group.

**Disruptions**

Any trek whether it be into the remote wilderness or into the mountains is highly likely to be subject to changes, alterations and other disruptions totally beyond our control. The weather can have the largest affect on the group as a whole and, for individuals, heat and fitness levels can be a big consideration. Such occurrences are not something to get upset about. Simply put it down as one of the benefits of experiencing a totally different culture. The local guides and tour leaders will make every effort to ensure that should any changes have to be made then the best alternative will be sort, bearing in mind the original aims of the trek.

**Heat, Dehydration & Altitude**

Temperatures in the Canyon can soar in the Summer months which can cause problems with heat stroke, dehydration and exhaustion. To avoid these problems you must keep exposed skin to a minimum, apply high factor sun cream/block, wear a wide brimmed hat & sunglasses. Drink plenty of water and eat enough food to keep energy levels up.

The highest point on this trail is 8,250ft ( 2,515m) so altitude sickness should not be a problem.

**Flights**

Flights will be confirmed when released by the airline in August 2008. Please check the application for a list of proposed list of regional departure airports. Please ensure that your passport has at least six months of validity on return to UK/ROI.

**Visa/Permits**

You do not need visa to enter USA. But you do need a passport that is machine readable, if you have a UK passport that has been renewed in the last 10 years then this should be machine readable. You also need a permit to enter the Grand Canyon National Park which is included in the cost and will be ready for you on arrival.

**Airport Departure Fees.**

The cost of this holiday includes all taxes and other charges except airport fees, which we can't pay as a group. Each person must present themselves at the security gate and pay their own fees, so you will need to budget for this. As the local taxes change often, you will be sent to exact amounts to be paid a few months before you travel.

**Security**

It is a sad fact of life that unless you look after your belongings there are some unscrupulous people who will steal from you, but there are a few sensible precautions which you can take to reduce this problem. Ensure that you carry your passport, travellers cheques, etc. in a money belt. Get a rucksack lock for the items you leave in the lodge/hotel unless you have a lockable suitcase).

Many items that may be of interest (if you have security concerns) are available from [www.catch22products.co.uk](http://www.catch22products.co.uk) or call (01942) 511820 and ask for a brochure.

### Health / Medical

Before you book your trek you should have a medical check up. Ask your doctor to pay special attention to your cardio-vascular system. Show your doctor this dossier as they may wish to compare your medical history with the information contained here. Ask them to pay specific attention to the program with regards to your medical history and the details & distances, etc.

Should someone become seriously ill whilst on this trek, evacuation would be problematical and very costly. **For this reason we are not able to accept anyone with pre-existing medical problems on this trip.**

### Fitness

You should bear in mind that this trek is not for anyone that just fancies a sight seeing tour of the famous Grand Canyon. We will be trekking for six days, some of which is either constant uphill or downhill in soaring temperatures carrying a fully loaded pack. You should start training for this at least six months in advance, the fitter you are the more enjoyable the experience will be. You will be carrying a lot weight in your pack due to the additional camping equipment and food that needs to be carried, so you should train with a loaded pack, increasing the weight as you go.

### Immunisation

Recommended inoculations for travel may change at any time. At least two months prior to the trip please go and see your doctor who will arrange for any necessary inoculations. Your practice nurse will have a full list of current required "jabs". Ask your doctor's advice regarding vaccinations

### Dental

Have a check-up before the trip. Dental problems whilst in the Canyon could prove very problematic and even when we arrive back in civilisation remember there is no NHS in the United States. If you encounter dental problems whilst on the trek, the tour leader will arrange for you to go to a dentist at the earliest possible convenience but it is MUCH better to have a thorough checkup before you go.

### Water

There are a few places along the trail where you will can refill your water bottle. At the campsites and a few designated rest stops. If you refill your water bottles from the river or creek then this water must be treated before you drink it either water purification tablets or through a water purifier bottle.

### Smoking & Alcohol

Smoking is not permitted anywhere on the trail, but you can smoke at certain points as long as you follow a few guidelines. Smoking is only permitted at the campsites or designated rest stops, you must be at least 20m away from the rest of the group and you must not disregard any cigarette butts, take them with you. Due to the arid climate, most areas of Arizona run at a moderate to high forest fire risk most of the year. Smoking in the wilderness can pose serious danger to all members of the group due to the fire risk. In most states there is a no smoking ban in all public places. Alcohol should not be consumed on the trail due to the high levels dehydration this will cause which could result with a more serious condition. Alcohol can be purchased in the lodges but please refrain from taking it on the trek with you. Please remember that the legal age for the consumption for alcohol is 21, if you are 21 or just over then you should take ID with you. In Las Vegas, some bars require ID even if your ninety three, so take it with you.

### Woman's Hygiene Products

These are readily available in local shops but NOT whilst on the trail. Please purchase any requirements before the trail from Britain and take them with you.

### First Aid Kit

The local Guides will have a large first aid kit and are experienced in dealing with common problems in remote areas, but it is important that each member carries their own first aid kit.

Your personal 1st aid kit should contain

Painkiller e.g. Paracetamol, etc	Anti Fungal Cream - One small tube & Foot powder
Cough Lozenges e.g. Locketts, Halls, etc.	Multi Vitamins - Enough for one per day
Plasters - Assorted sizes and compeed (for blisters)	Safety Pins - Assorted sizes
Dioralyte - For dehydration	Antiseptic Cream - A small tube
Oil of Cloves - Small bottle, for dental problems	Antiseptic Wipes (take loads of them)
Antibiotics Chest (obtained from your doctor)	Antibiotic Bowel (obtained from your doctor)
Water Purification system (see Page 9)	Triangular Bandage Take one
Thick Crepe Bandages - 1 wide & 1 thin	Arret or Lomoti - For Diarrhoea

**NOTE.** Ensure that any prescription drugs are kept in their original wrappings and if possible take a copy of the prescription with you.

### Money

Do not flaunt it, keep it in a money belt next to your skin and NEVER leave it lying around.

Don't take Sterling Travellers Cheques. If you wish to take Travellers Cheques make sure they are in US Dollars. Take plenty of small US dollars. DO NOT take anything larger than a \$20 bill, better still take loads of \$10's, \$5's and \$1's.

Items marked ● you will definitely need to bring with you for the trek

Items marked ■ will be supplied for you

Items marked ● optional

## GEAR

- A large suitcase which will be left in the hotel with the items you don't need for the trek.
- You will also need a rucksack for the trek to carry all of your gear.(30/40 litre) Must have well padded waist strap
- ● Sleeping Bag - lightweight, summer. You can bring your own or we can provide one for you. Personally I would prefer to bring my own.
- Penknife - Swiss Army Type. (Don't carry in your hand luggage)
- ● Head Torch with 2 spare bulbs and 2 spare sets of batteries
- Sun Screen/Block - Very High Factor (you will need at least factor 50)
- Lip Balm
- Insect repellent
- Compression Sacks - For packing bulky items in to bags. (available from most outdoor shops)
- Camera - Don't under estimate the number of films/memory cards & batteries you will need.
- Camera Case - Optional but essential if you have a decent camera.
- Small Sewing kit - Ensure it contains strong cotton and spare buttons
- Sun Glasses - **Don't forget these you're going to NEED them**
- ● Camel packs are provided (2 litre)
- Bin liner - Take two, industrial strength to line your rucksack and keep everything dry.
- ● Pair of Trekking Poles - Telescopic (**Optional**) National Park rules - poles must have rubber tips.
- Personal washing gear and small towel.
- Toilet Paper
- Extra Food

## CLOTHING

- Underwear - Bring plenty Socks - Trekking socks - Ensure they are at least calf length.
- If you are prone to blisters take some thin cotton under-socks which will prevent rubbing.
- Trekking Trousers - Lightweight canvass with zips to make into shorts are best
- Sun Hat, preferably wide brim & warm wooly hat
- Cotton Gloves - Needed for protection from the sun.
- Silk Scarf - protects your neck from the sun
- Fleece Or Down Jacket, just in case the temperature drops unexpectedly
- T Shirts - Take (or buy) a few (they tend to smell after a while)
- Swimsuit
- ● Lightweight waterproofs or poncho
- Boots
- Camp shoes eg trainers or sandals

## CAMPING

- Tent & Ground Sheet ( double occupancy)
- Eating Utensils
- Jet Boil Stove
- Sleeping Mat
- Food - the food supplied will be backpacking food such as couscous, fruit, rice puddings and muffins for breakfast. Pitas, fruit and snacks for lunch. Tortellini, Lentils, Soup, Rice for Dinner plus a few Desert, snack & drinks options. Menu's are always evolving so this is just a sample of a few of things we may have. Everyone will be involved in cooking meals.

## Other

You will need to carry all of your own personal clothing and equipment plus other items needed for our trek such as food, stoves, mats. These will be split between the group so please ensure that you only take items which are absolutely necessary. Catch 22 sell all sorts of trekking and camping equipment and can specialist advice on anything that you need so give them a call 01942 511820

Sleeping mats for the camps are provided - so you don't need to bring one.

## BAGGAGE

It is important to weigh your baggage "before" you arrive at the airport. **The allowance is 20 kilos** and most airlines now only permit one piece of hold luggage and one piece of hand/cabin luggage. If you have any excess you may charged or more than one piece of luggage then this may not be allowed on board the aircraft.

## Water

Drinking water is readily available at campsites and designated rest areas, you will be carrying enough to last you for the entire day, but should you need more then there are certain refill points or the guides carry emergency supplies. You should not drink the water straight from the streams, if so it should be treated first or you can - get an Aqua Pure Traveller from Catch 22 - (01942) 511820. These look like normal water bottles but they contain an iodine filter which not only kills all the bugs and beasties but also takes out all the other bits such as grit (and other dead things that you don't want to think about) !!!!

**The main way to avoid dehydration problems is to drink water.** Lots and Lots of it. If you are not used to drinking large amounts of water, start practising now (it's good for you). You should ensure that you drink an absolute minimum of **at least one litre for each 1000m in altitude.**

**NEVER drink water from taps, pipes or streams. This includes brushing teeth, etc**

You should try and get used to drinking plenty of water before the trek, so that way your body is already hydrated, it is hard to keep your body hydrated if you are dehydrated before you start.

## Boots

Get a sturdy pair with good ankle support. BUT the most important thing regarding boots is that they are comfortable. Should you get leather or Canvass ? There are benefits to both. Leather is strong and gives more support whilst canvass are lighter and tend to expand more (important when walking in hot countries). Ensure you wear your boots for at least a few weeks prior to the trip to ensure they are comfortable with no "rub-points"

## Waterproofs ???

You should not need waterproofs on this trek, you may want to consider a poncho. The choice is yours. Ou will be supplied with an emergency poncho in your pack before you set off..

## Other Clothing

Take whatever you want. But please remember that it can be VERY hot all along the trail, so please pack for the expected temperature. Please make sure that your clothing is not too revealing to avoid sun burn. The temperature will drop at night and especially on the nights we spend in the lodges so do bring some warm clothing.

## Temperature

Due to the extreme weather conditions in and around the Canyon the best recommended time of year to do this trek is during the months of May, June, September & October. So we have chosen June. The average temperature in degrees for this month on the South Rim are high 84 to low 54 with 1.81 inch's of rain. In the Inner Canyon temperatures can soar to 106 dropping as low as 78 with 0.84 inch's of rain and on the North Rim the highest will be 77 and the lows around 46 with 1.93 inch's of rain.

## INSURANCE

All figures quoted are pounds sterling and to the best of our knowledge they are correct but they may change. Summary of insurance cover for all treks under the Ault Insurance "Treks and Safaris" policy.

Cost of cover is included within the cost of the trek.

Up to a Maximum of

1. Loss of Deposit / Cancellation (Excess - 7.5% of the claims settlement figure) (Including Government Travel Restriction)	£5,000
2. Curtailment (Excess - 7.5% of the claims settlement figure)	£5,000
3. Medical and other Expenses (£40 Excess)	£2,500,000
4. Hospital Benefit	£500
5. Personal Accident	£25,000
6. Personal Baggage (Single Article Limit £300) (Limit for Valuables (Incl. photographic equipment & binoculars £300)) (£40 Excess)	£1,500
7. Personal Money (£40 Excess)	£300
8. Personal Liability	£1,000,000
9. Travel Delay or Cancellation (£40 Excess applicable to Cancellation)	£5,000
10. Missed Departure (£40 Excess)	£800
11. Legal Expenses	£10,000

If you are aged 70 years or over, a Medical Certificate from your doctor confirming that you are fit enough for the trip you plan to join must be produced before cover can be confirmed.

# Las Vegas

\* \* \* \* \*

## Free 3 night stay in the city that never sleeps

After the exertions along the trek can you think of a better way to spend the last few days than visit the famous city of Las Vegas. We will be driven the four and half hours to a 3 star hotel close to the main strip of Las Vegas.

It's a holiday so you can do as much or as little as like. While the bright lights and bling are the perfect to host to the world of black jack, roulette and slot machines, there is so much more to Sin City . It doesn't matter whether you enjoy a breath of fresh air when exploring outdoor pursuits or possess a love of culture and arts, Las Vegas is truly the non stop destination for entertainment that accommodates all .

You could take in a show or two with the famous feathered showgirl parades in an explosion of colour. Sample the many fine restaurants from world renown chefs or a little bit of everything from the all you can eat buffets. For those of you that fancy a bit of retail therapy and relaxation there is an abundance of shopping malls, beauty spa's and salons. There are plenty of sight seeing tours, museums (Ripleys Believe It or Not), Botanical gardens & golf courses or for the more adventurous why not try sky diving, white water rafting, mountain biking, indoor carting or visiting the famous Las Vegas Motor Speedway or the entertaining NASCAR events.

We will supply:

Transfer to Las Vegas, 3 nights accommodation in twin bedded en-suite (room only), airport transfers and insurance. The rest is up to you!!!!



Please do take the time to read the items below - they are important. If there is ANYTHING you don't understand please do contact us, either by phone (01942) 826256 or by e-mail. (info@ukoutdoorpursuits.co.uk)

After reading these Term and Conditions if you decide not to proceed with the booking, within 7 days of the Confirmation Date which we will send you, simply let us know and we will cancel your booking and make a full refund of all money paid.

When you book a holiday with UK Outdoor Pursuits Ltd ("UKOP") and we send you a Holiday Confirmation, a contract is formed between you and UKOP, which is subject exclusively to English law and the jurisdiction of the English courts. No-one, other than a Director of UKOP, may alter this contract.

Details in any publicity other than these Terms and Conditions do not form part of the contract. We provide dossiers, websites, etc for your information and to enable you to make an informed decision regarding whether to book or not.

### **A booking is made when:**

When we receive a signed booking form, with deposit (or full payment if traveling within 70 days of booking) and we confirm your holiday with a Holiday Confirmation form. At any time before the Holiday Confirmation form is sent UKOP may alter any part of the holiday or decline your booking. If you are a parent making a booking for a child (a person under 18 years old) your signature on the booking form confirms that you have accepted all of these Terms and Conditions on behalf of the child.

Your signature is confirmation that you agree to these Terms and Conditions and that you have no pre-existing medical problems that may in anyway affect your participation and that you will inform the UKOP should a condition become apparent once your booking has been accepted. Also that you will obtain all inoculations required and that you understand that the nature of this holiday means that it is subject to alterations in such matter as dates, times and itineraries, services offered, etc. Also that you understand that there are risks of injury and even death involved in any form of adventurous travel.

### **Paying for your holiday:**

Any money you owe to UKOP for your holiday must be paid within before 70 days prior to departure. If full payment is not made, UKOP may cancel the holiday and apply the cancellation charges. Whether you are paying for an event or using the trip or event to raise funds for a charity you are booking a holiday with UK Outdoor Pursuits Limited. If booking as a sponsored participant we will not charge you for this trip other than a deposit (the charity will cover your costs), however if you do not forward at least the minimum amount of required sponsorship you will be liable for all cost associated with the booking. See cancellation charges.

### **If you change your booking:**

A fee of £20 to cover the cost of administration will be charged along with any additional costs incurred by UKOP.

If you can not travel UKOP may, (at our discretion), allow you to transfer your booking to another person. UKOP will only accept the transfer if all suppliers (e.g. airlines, insurance agents, etc) will accept the change and the person receiving the booking makes a payment of £40 (if more than 70 days prior to departure) or £80 (if 69 days or less to departure) in addition to any other incurred costs.

### **If you cancel your booking:**

The following charges will be made - as a percentage of the total cost of your holiday.

70 days or more prior to departure loss of deposit  
69 to 40 days prior to departure 40%  
39 to 20 days prior to departure 60%  
Less than 20 days prior to departure 100%

### **If you have a complaint:**

Should you experience a problem, you should let UKOP (or their representative) know about the problem right away. The vast majority of complaints and problems can be settled quickly, as long as we are notified as soon as possible. If you have a complaint that our representative is not able to deal with, you should put your complaint in writing to the address shown on your Holiday Confirmation form, for the attention of the managing director, as soon as practicable. The managing director is able to deal with all claims and complaints.

### **Travel requirements:**

Do not forward a booking form until you have checked that you have a passport, that is valid for the full period of your holiday and that you are able to obtain the relevant visas and, in some cases, vaccination certificates.

### **Insurance:**

A policy is supplied within the cost of the holiday. If you wish to arrange and pay for extra insurance this will not negate that fact that we have already supplied it. Although this may lead to complications if a claim is made.

It is a condition of all policies that you are responsible for your own belongings at all times and that you take reasonable care to protect it at all times. You should note that "reasonable care" may require much more surveillance and attention when in some foreign countries than in the UK.

**You should also note that all policies will be invalidated by a false declaration concerning your fitness to travel.** If you have any medical problems you should inform us before booking so that we can ensure that you are able to be insured to travel.

### **Your responsibility whilst on holiday:**

The nature of adventure tourism means that you must accept the decisions of the tour leader whilst on your holiday. If the tour leader decides that you may not continue with your holiday or any section of it (for example due to ill health, altitude problems, etc) you must accept this decision. If the tour leader decides that your actions or behavior are, or may, affect your safety or the safety and enjoyment of the holiday by any other group members you may be excluded from the holiday. If you commit an illegal act whilst on the holiday you may be excluded from the remaining sections and UKOP will cease to have any responsibility for you.

In some of the countries we visit drugs are more readily available than in the UK. Please note that punishment for any infringement of local drug laws, however minor, can be extremely severe. Our holiday representatives are contractually bound not to associate with anyone in local custody. They will (via our UK central administration office) however inform the local British embassy, of your location.

In all cases of exclusion from your holiday, no payment will be made by UKOP for any unused sections, although, in the case of curtailment due to illness, a claim may be possible on the insurance policy.

### **Increases in holiday cost:**

The cost of your holiday is guaranteed not to rise by more than 5%. (At the time of writing UKOP has never increased the cost of any holiday). UKOP make bookings in good faith with our suppliers. If, due to currency fluctuations, price increases by our suppliers, tax increases, etc, we need to increase the cost of your holiday by more than 5% you may cancel your holiday and we will refund all money paid, other than the proportion of the costs which has been used to pay for your insurance policy. If you wish to cancel your holiday due to an increase of more than 5% you must do so in writing within 14 days of receiving the notice of increased costs.

### **Changes to your holiday:**

We will try when-ever possible to provide the holiday as described in the promotional literature but, due to the nature of adventure travel in remote parts of the world this may not always be possible, or advisable, due to events outside our control. If a major change is necessary e.g. Due to foreign political situations, natural disaster, epidemics, financial failure of airline company, etc. we will inform you as soon as we can. If we advise you of a major change to your holiday, that is not eligible for a claim against your holiday insurance policy, you may have a refund of all money paid or accept the change or transfer to another holiday operated by UKOP.

### **If UKOP cancels your holiday:**

In the unlikely event of your holiday being cancelled by us you will receive a full refund of all money paid.

### **Local customs and standards:**

You should be aware that in some countries the facilities offered will be significantly lower than European standards, e.g. hotels, toilets and washing facilities, shops, travel, etc. You should always be aware of local customs. Some local customs are an intrinsic part of everyday life and religion so if in any doubt consult your tour leader.

**UK Outdoor Pursuits Ltd, 28 Upper Dicconson, Wigan, WN1 2AG  
Tel (01942) 826256 e mail info@ukoutdoorpursuits.co.uk**

# Grand Canyon Trek

31st May 2009 to 12th June 2009

You will pay your own costs

Paying a booking fee and raising a minimum of £3,000 of in sponsorship

If using the trek to raising charity funds, which charity are you supporting

First Name (as on passport)

Surname (as on passport)

Home Address

Inc postcode

Airport (Please )

Birmingham

Bristol

Glasgow

London

Manchester

Belfast

Male  Female (Please )

Telephone (day)

Passport Number

Passport Expiry Date

Date of Birth

Nationality

The passport number you give here **MUST** be the one you will take on the trek as your permit will be booked under this number.

Flights to be confirmed by August 2008

**IMPORTANT** - Please enclose 2 passport size photographs with this application form for permits.

Do you have a tent / room partner for the trek  Yes  No (Please )

If Yes, put name here

If No, we will pair you up with another single trekker.

Note. There are no single rooms or tents on the trek.

Please give details of someone who we may contact in the UK whilst you are away, should the need arise.

Contact Name

Tel (day)

Tel (eve)

## Please take time to read this declaration **before** you sign it

I confirm that I have read and agree to the terms and conditions shown in this dossier and that the details above are correct and that **I have no medical problems that may in any way affect my participation in the Trek applied for** and that I will inform the UK'OP(Trekking) should a condition become apparent once my booking has been accepted. I am in good physical and mental health and know of no circumstance why I am likely to cancel or curtail this holiday and I am not travelling against the advice of a doctor. I further confirm that I will obtain all inoculations required. I have read this dossier and understand the details contained within it and I agree to disclose ANY material fact(s) the may influence the underwriter (the insurance company) in acceptance of the risk. I understand that failure to do so may prejudice me in the event of a claim. **I understand that the nature of this holiday means that it is subject to alterations in such matter as dates, times and itineraries, services offered, etc.**

Signature

Date

Please forward your deposit payment and photographs with this form

**£500** Payable to UK Outdoor Pursuits (Trekking) Ltd

Please note these payments are NOT REFUNDABLE. Please be sure you wish to join us prior to posting to, **UK Outdoor Pursuits (Trekking) Ltd, 28 Upper Dicconson St, Wigan, WN1 2AG.**